

**COVID-19 FOOD RESOURCE LIST  
EAST KNOXVILLE AND DOWNTOWN**

**\*Please Note: Hours and locations can change on a weekly basis. Please call ahead before visiting.\***

**Beacon of Hope:**

**Contact:** 599-5047      **Location:** Vestal Area, South Knoxville      **Resource:** Drive-up food pickup for Vestal Area.  
**Directions:** If you live in the Vestal Area, call to make an appointment and get the address.

**Broadway Baptist:**

**Contact:** 524-2575      **Location:** 815 N. Broadway St.      **Resource:** Food Pantry  
**Directions:** Pantry hours: 9:30 am to 12:30 pm on Wednesdays. Call during church office hours for an appointment.

**Central United Methodist Church:**

**Contact:** 524-5960      **Location:** 201 East Third Ave.      **Resource:** Food Pantry  
**Directions:** Pantry hours: 10 am to 12 pm on Thursdays. Groceries provided based on family size and need. ID's are required; Please call ahead.

**Change Center:**

**Contact:** N/A      **Location:** 203 Harriet Tubman St.      **Resource:** Grab-and-go dinners available for pick up.  
**Directions:** Dinners provided from 4 to 6 pm on Wednesdays and Fridays. Drive and Walk-ups welcome. All persons receiving a meal must be present.

**Church Street United Methodist Church:**

**Contact:** 524-3048      **Location:** 900 Henley St.      **Resource:** Lunch bags with sandwich and drink.  
**Directions:** Lunch pickup hours: 11 am to 12 pm, or until food runs out, on Thursdays. Drive and walk-ups welcome.

**East Knoxville FISH Hospitality:**

**Contact:** 522-3474      **Location:** Luke's Episcopal, 600 S. Chestnut St.      **Resource:** Food pick-up and delivery.  
**Directions:** Pickup available: 10 am to 1 pm on Wednesdays. If you need food delivered to your home, please call.

**First Baptist Church:**

**Contact:** 546-9661      **Location:** 510 Main St., #2539      **Resource:** FISH Food Pantry  
**Directions:** Pantry hours: 1 to 4 pm on Tuesdays, in Trentham Hall.

**First Presbyterian Church:**

**Contact:** 546-2531      **Location:** 620 State St.      **Resource:** Food Pantry  
**Directions:** Pantry opens at 9 am on the first Tuesday of each month. Call for questions.

**Greater Warner – Burlington Food Pantry**

**Contact:** 865-524-8040      **Location:** 3800 Martin Luther King Jr. Ave      **Resource:** Food Pantry  
**Directions:** 3<sup>rd</sup> & 4<sup>th</sup> Thursday – Box Pick-up/Drive Through 4:00 pm - until they are gone.

**Knox County Schools:**

**Contact:** 215-4211 or 211      **Location:** 38 Locations      **Resource:** Breakfast and Lunch meal distribution for children.  
**Directions:** Meal distribution: 10 am to 12 pm – two days' worth of meals on Mondays and three days' worth of meals on Wednesdays. Meals distributed via drive or walk up to children at schools across Knox County. Visit the nearest school, or call 211 for a list of locations. Children must be present to receive meals.

**Love Kitchen:**

**Contact:** 546-3248      **Location:** 2418 Martin Luther King Jr. Ave.      **Resource:** Meals and Food Basket Distribution  
**Directions:** Meals distributed: 1:30 pm on Wednesdays and Thursdays. Market basket food distributions: 4:30 pm on Thursday. All persons seeking Market Baskets should call at noon on Thursdays to schedule basket pickup.

**Montgomery Village:**

**Contact:** 577-6244      **Location:** 4601 Joe Lewis Rd.      **Resource:** Food Bag Distribution

**Directions:** Emergency food bags provided: 1 to 3 pm on Mondays to those who reside in the 37920-zip code.

**New Hope Baptist Church:**

**Contact:** 522-1267 and 688-5330      **Location:** 2504 Cecil Ave.      **Resource:** Food Pantry

**Directions:** Pantry hours on Monday and Thursday, Thursday's at 5 pm. Call first for referrals and a verification code.

**Northwest Knoxville FISH Pantry:**

**Contact:** 247-0521      **Location:** 122 W. Scott Ave.      **Resource:** Food Pantry

**Directions:** Pantry hours: 10 am to 1 pm on Tuesday, Thursday, and every 4<sup>th</sup> Saturday of the month.

**Salvation Army:**

**Contact:** 525-9401      **Location:** 409 N. Broadway      **Resource:** Grocery Bag Distribution

**Directions:** Distribution available: 1 to 4 pm, Monday through Friday. Call ahead to make an appointment and present proof of residence upon drive-up. Currently serving Papa Murphy pizzas and coupons to drive ups, as well

**SCHAS (Senior Citizen Home Assistance Program) SCHAS Out Shopping (S.O.S):**

**Contact:** 769-4170 or 523-2920      **Location:** N/A      **Resource:** Grocery Shopping and Delivery

**Directions:** Call or e-mail [info@schas.org](mailto:info@schas.org) for grocery delivery services. Services provided to seniors age 62 and over and anyone that is immune compromised. Groceries picked up and delivered to the home. Clients must pay for their groceries; SNAP benefits are accepted.

**South Knoxville Church of God:**

**Contact:** 573-4141      **Location:** 5623 Magazine Rd.      **Resource:** Food Pantry

**Directions:** Pantry hours: 9 am to 2 pm, Monday through Thursday. Call to schedule an appointment. Emergency food boxes provided, one-per month.

**South Knoxville FISH Hospitality Pantry:**

**Contact:** 247-0521      **Location:** 201 Ogle Ave.      **Resource:** Food Pantry

**Directions:** Pantry hours: 10 am to 1 pm on Wednesdays and Fridays. Food available for pickup.

**The Lord's Child – Food Pantry:**

**Contact:** 868-5200      **Location:** 68729 Chapman Hwy.      **Resource:** Food Pantry

**Directions:** Pantry hours: 10 am to 5:30 pm on Fridays. Shelf stable items, frozen and refrigerated products, and emergency food boxes available. Declaration of income or proof of participation in SNAP, Families First, SSI, LIHEAP, or Public Housing must be provided at pick up.

**Trinity UMC:**

**Contact:** 588-5763      **Location:** 5613 Western Ave.      **Resource:** Food Pantry

**Directions:** Pantry hours: 10 am to 2 pm for outside pickup. All Knox County residents welcome; please call for appointment.

**Wesley House:**

**Contact:** 524-5494      **Location:** 1719 Reynolds St.      **Resource:** Food Pantry

**Directions:** Open to all; no questions asked. Call ahead; pick up available: 7:30 am to 5:30 pm, Monday through Friday. If unable to make it out to the house, they can deliver groceries to the home.

**Western Heights:**

**Contact:** 525-9068      **Location:** 1230 West Scott Ave.      **Resource:** Food and Clothing Market

**Directions:** Market hours: 9 am to noon on Tuesdays and Thursdays.

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**For all questions and information on where to access food resources and other social services, please call 211**